



儒釋道中醫學院

School Catalog

2010

2900 Valmont Road, E-1
Boulder, CO 80301
U. S. A.

Approved & regulated by the State Board of Colorado
Colleges & Occupational Education

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STATEMENT OF MISSION

In response to the need of the people in Colorado, the nation, and the world, Ruseto College has been found in 1992, for the following purposes:

- 1) To provide students with professional education in Traditional Chinese Medicine including, but is not limited to, the knowledge of diagnoses and treatments in massage, Chinese natural medicines, acupuncture, moxibustion, and cupping.
- 2) Also, to provide advanced correspondent program, **Revolutionary Healthcare**, for acupuncturists, physicians and nurses, and so on with excellent **high-quality & low-cost techniques** of healthcare, included Feng-Shui, Xin-Yi, Pain control, Aging control, Cure of Skin diseases, Treatment of Cancers, and so on, to help them achieve **quick, effective and persistent results** of treatments.
- 3) To promote, encourage, and support the worldwide research and development of both the basic and the advanced Oriental Medicine.
- 4) The School believes that, “East or West, Cure is Best.” Whether a healthcare provider applies Eastern (or Oriental) Medicine or Western Medicine, cure is always the best. That’s why the School also provides students with some Western medical knowledge such as anatomy, physiology, immunology, pathology, and so on.
- 5) Besides, the School believes that, “Medical Sense or Common Sense, Cure Makes Sense.” A cure in China could be a common sense, but it maybe still beyond the proof of modern medical science. Therefore the School encourages students not to use “tunnel-vision” to diagnose any patients.
- 6) The School cares about Medical-Dao, which including the patients’ human rights, such as “How to learn from the healthcare providers to be able to take care of themselves.” The more self-cure the people learn, the less doctor-care they need. We hope that our students will be excellent healthcare providers, as well as wonderful medical educators.
- 7) The patients are the medical mainstream, and the healthcare providers have the obligation to help them achieve their goals. It is the patients who decide what they need from the healthcare providers, instead of depend on what the healthcare providers need from them.
- 8) However, our programs are designed for the students to treat people when they are sick, as well as to educate the public with preventive medicine. The School strongly believes that, “To go for medical trainings for years is one issue, and to be able to heal the patient quickly, easily, and cost less is the more important issue.”

In summary, the School strongly believes that, “East or West, Cure is Best.” and “Medical Sense or Common Sense, Cure Makes Sense.” Furthermore, the School’s another goal is --- Don’t let the patients become victims of any medical trainings and policies in U.S.A., but let them be the judges of the medical trainings and policies in our nation and around the world.

. Fortunately, in the past twenty-some years people have witnessed that the medical doctors are learning and practicing acupuncture, and in the near future they may have to learn natural medicines and massage, too. Why? If you enrolled in our program(s), you would be able to solve the puzzles. You would be able to know why “A cure in China could be a common sense, but it maybe still beyond the proof of modern medical science.”

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Message From the President

In the 1940s, I had witnessed that my parents and masters had cured or improved many illnesses and conditions, but those knowledge are still new to most Americans today. Why? The answer is -- most Americans, including the healthcare providers, do not aware of the true value of the Chinese Medical-Dao. The Chinese Medical-Dao included, but is not limited to, the following:

- 1) The medical mainstream is the patients, but not the doctors.
- 2) The patients' daily foods are useful medicines, as well as poisons.
- 3) Appropriate medical knowledge is the best tool for self-care.
- 4) Every one has a natural healing power within his body.
- 5) The best way to heal a patient is to find out and follow his within natural healing power, instead of fighting against it.
- 6) A healthcare provider should treat a patient holistically, rather than apply a single "tunnel vision" to diagnose and treat the symptoms of his disease or condition.
- 7) Comparing to drugs, natural medicines are much easier to be accepted properly by human body. However, it is the parents' obligation to learn the advantages and the side effects of the foods, and pass it down to their children.
- 8) When anyone is sick, one or more organs might need a break, such as "take a nap", or even go for "hibernation" by itself. And, any inappropriate treatment could disturb the natural healing power within his body, and also caused severe damage as a result.

In Rusetto College's programs, we provide in-depth explanations of the Chinese Medical-Dao, from the Yin-Yang Theory, Five-Element Theory, etc. to Feng-Shui, Fortune-Telling, and the improvement or even the cure of most diseases.

I would like to encourage you to enroll in Rusetto College's program(s) and learn how to properly take care of your own health, your family, and the public. For more information please refer to our websites, the www.rusetto.com, www.rusetto.us, and my personal publications, such as the series of Medical Revolution (1), (2), (3)....

Sincerely,

Pao-Chin R. Huang
President of Rusetto College

Owners & Governing Boards

- 1) Pao-Chin Ruseto Huang, Owner, President & Director.
- 2) Hui-Yu Huang, Owner, Vice-President & Registrar.
- 3) Tzu-Ling Huang, Computer Programmer.
- 4) Tzu-En Huang, Marketing Manager.
- 4) Hwai-Shiuan Huang, Educational Adviser.
- 6) Y. Richard Lin, Educational Adviser.

School Calendar

- 1) Each class and program at Ruseto College are based on twenty weeks per semester, and two semesters a year. Also there are some classes offered during the Summer Semester (eight weeks), especially the Optional Courses.
- 2) We encourage you to register early because enrollments are limited in some courses, but correspondence study courses have no enrollments limits.
- 3) The registration, orientation and first day of classes are listed below, and the classes are held on Thursday, Saturday, and Sunday in the daytime, totally 18 hours per week. After the end of each 20-week (or 8-week), there is a few-day grace period for make-ups, if any.
- 4) Spring Semester : January 3 to May 25 Summer Semester : June 1 to July 31
Fall Semester : August 1 to Dec. 23.
- 5) Holidays: Martin Luther King's Day & Thanksgiving Day

Class Schedule

- 1) **Program I** (Traditional Chinese Massage, 1-year, 2-semester, 720-hour & 48-credit) and **Program II** (Acupuncture & Chinese Medicine, 3-year, 6-semester, 2,160-hour & 144-credit) are residential courses, and the classes are held on Thursday and weekends, so the students may have better chance to take classes, as well as to keep their jobs. This schedule provides 18 hours of instruction per week, and students should plan for an additional 12 hours per week for study and practice out of classroom.
- 2) **Program III** (Revolutionary Healthcare) --- This is a one-year (2-semester, 960-hour, 52-credit) correspondence program. Each semester the students not only have to complete their monthly assignments at home, but also have to attend at school in person for eighty hours of intensive studies.

Entrance Requirements

- 1) Ruseto College does not discriminate on the bases of age, gender or ethnic background in the administration of its educational polices or admissions.
- 2) But, applicants must be in good health, both mentally and physically.
- 3) For more information please review the “Message from the President.”

Enrollment Procedures

- 1) Contact the School in person, by phone or by mail, and request an Application Form and a School Catalog.
- 2) The Application Form should be completed and returned to the School with a recent photo, \$75 application fee, a handwritten letter stating your reasons for wishing to enroll in this program/ courses, etc.
- 3) Upon receiving your application, the School will schedule a personal interview or phone call within two weeks. Enrollment interviews are held throughout the year.
- 4) Every applicant will receive a letter from the School shortly after the interview explaining whether his or her application has been accepted or rejected.
- 5) Acceptance into the program is determined by the program director on an “individual basis.”
- 6) To secure a place in the program, \$300 toward your tuition is due upon acceptance.
- 7) It is to the applicant’s benefit to complete the application and interview process early to increase the opportunity for placement because of limited enrollments.

Late Enrollment

- 1) Generally, late enrollment is not accepted unless the applicant’s name was on the waiting list and a space becomes available in the first few weeks of the program/ courses, or
- 2) The applicant has previous training, which qualifies him/ her for participation. This is determined by the program director.

Health Insurance Policy & Placement Assistance

- 1) Health insurance policy: The School, its owners, and its employees have no responsibility for sicknesses or injuries to students while enrolled in any of the programs. The School does not carry insurance for medical care or disability to students, but they are eligible to receive free acupuncture treatments at Student Clinic. There is no charge for acupuncture treatment, but there is a fee for Chinese natural medicines and \$10 for massage in each visit.
- 2) Placement assistance: Students may request graduate placement assistance, but it is understood that the School does not guarantee employment. In fact, most of our graduated students are self-employees, because they can earn a living much easier that way

Credits for Previous Training

- 1) Previous training, education, or experience may be accepted by Ruseto College.
- 2) Applicants must provide Ruseto College with transcripts or documents of their previous training, education or experience. The applicants should ask their previous schools or employers to send the transcripts or documents to Ruseto College directly.
- 3) Transfer credits maybe granted in full or partially after prior courses or experience are carefully assessed according to the Ruseto College's requirement.
- 4) Also, credits maybe awarded for passing a proficiency examination given by Ruseto College, therefore exempting the applicants from taking any similar course(s) again.
- 5) On the other hand, the Ruseto College does not guarantee the transferability of its credits to any other institution unless there is a written agreement with another institution.

Foreign Students

- 1) Ruseto College encourages the enrollments of foreign students. Applicants must comply with special requirement as set forth by the Immigration and Naturalization Act.
- 2) If an applicant wishes additional information, he/ she should call or write the registrar at Ruseto College or the appropriate American Consulate.

Attendance Policy

- 1) Requirements: Students are expected to attend and be on time for all classes. Missed classes, clinics, examinations, or class assignments must be made with equivalent work.
- 2) Unsatisfactory attendance: Three class absences per semester are cause for dismissal from that class, unless receiving prior approval from the director. Also, three counts of tardiness per semester are considered as one class of absence unless receiving prior approval.
- 3) Probation Policy: It is the students' responsibility to pay for any additional tutoring required make up for missed course work.
- 4) Weekly assignments for correspondence courses must be completed and turned in before the end of each 5-weeks period. If a student failed to complete the assignments periodically more than twice in a semester, he/ she should pay for any additional tutoring required or to retake the said course(s).

Probation Policy

- 1) Students are expected to behave in a responsible and professional manner, maintaining a well-groomed appearance and calm attitude at all time, especially while on School premises and when representing the School.
- 2) Failure to uphold the standard of conduct of the School will be put on probation, or even result in dismissal.

- 3) Reasons for dismissal included: a) Failure to pay tuition, b) Poor attendance record, c) Failure to maintain passing grade, d) the use of drugs, alcohol or sexual harassment, e) disorderly behavior, destruction of property, and /or harassment of students, faculty or clients/ patients.

Progress Policy

- 1) Satisfactory progress for Ruseto College included, but is not limited to, behavior, theory test grades, completion of assignments, make-up work and clinic test grades. And, the progress will be evaluated at least in each ten- weeks term.
- 2) All students must keep an overall GPA of at least 2.0 for all completed courses; any course(s) failed to meet this goal must be retaken.
- 3) However, each semester any students who have one-fourth of the total GPA under 2.0 may ask for special tutoring, and students who have one-third or more of the total GPA under 2.0 will be put on probation. If any students who had been put on probation twice, and without significant progress will be dismissed from the School.
- 4) Any reasonable leaves of absence are acceptable, and any absence should be made up with equivalent work.
- 5) Fees due to making up for absence are subject to change, and it is based on the actual cost for the School or \$50.00 per class hour, whichever is less.

Appeal Policy

- 1) A student can appeal an unsatisfactory progress classification to the director by describing in writing any extenuating circumstances that are relevant to the situation.
- 2) After considering the matter, the director will respond to the appeal in writing.

Student Grievance Procedure

- 1) If there are any reasons for a student being angry or upset in the School, he or she is welcome to consult with the program supervisor or director.
- 2) In case, if a student had any complaint against the School or her faculties, and the problem could not be solved, he/ she may be failed online with the Division of Private Occupational Schools (www.state.co.us/dpos; phone #: 303-866-2723). There is a two-year limitation (from his/ her last date of attendance) on the Division taking action on student complaints.

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Grading Standards & Symbols

1) Standards	A= 4pts or 91 –100 %	B= 3 pts or 81 – 90 %	C = 2 pts or 71 – 80 %
	D = 1 pt or 61 – 70 %	F= 0 pt or below 61 %	
2) Symbols	E = Examination Credit	I = Incomplete	P = Passed
	T = Transferred Credit	S = Satisfactory	
3) P.S.	Passed & Satisfactory grades will be given to certain classes.		

Grade Point Average (GPA)

- 1) The overall Ruseto College grade point average is computed as follows: a) the credit hours and the credit points are totaled for all courses, b) then the total credit points are divided by the total hours attempted, c) courses with grade symbols of E, P, T, S and I are excluded when totaling the hours.
- 2) Students need to keep their GPA at 2.0 or above. Any course with a grade of D or below requires private tutoring.

Grade-Reporting

- 6) Grades from quizzes and examinations will be returned to students within two weeks of each examination.
- 2) Semi-semester examinations and GPA will be entered in each student's file. Students can receive a copy of their transcript by writing to the School office.

Addenda

- 1) Holidays: special arrangement will be made with each class for making up holiday time.
- 2) The School would issue certificate to student who has completed any of its program.
- 3) If any refund should be made to a student, the School would start the procedures within three-business days. However, any books checked out by the said-student should be returned to the School within two weeks. Also, if any damages to the School facilities, or injuries to any other students or faculties caused by him or her as a result, it should be evaluated and recovered before an appropriate amount of refund is issued to him or her.
- 4) Postponement of starting date, whether at the request of the School or the student, requires a written agreement signed by the student and the School. The agreement must set forth: 1) Whether the postponement is for the convenience of the School or student; and, 2) A deadline for the new start date, beyond which the start-date will not be postponed.

- 5) If the course is not commenced, or the student fails to attend by the new start date set forth in the agreement, the student will be entitled to an appropriate refund of prepaid tuition and fees within 30 days of the deadline of the new start date set forth in the agreement, determined in accordance with the School's refund policy and all applicable laws and rules concerning the Private Occupational Education Act of 1981.

Re-Admittance

- 1) Re-admittance is determined by the Program director on an individual basis.
- 2) There is a two-year limitation on the Division of Private Occupational Schools taking action on student complaints, which regard to the School's decisions, policies and enrollment contract /agreement.

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East or West, Cure is Best!.

Cost & Financial Information

A) Tuition:

Tuitions: Program I, Traditional Chinese Massager ----- 720 Hours, \$8,640/ 1-Year.
 Program II, Acupuncture & Chinese Medicine --- 2,160 Hours, \$25,920/ 3-Year.
 Program III, Revolutionary Healthcare ----- 960 Hours, \$9,600/ 1-Year

B) Other fees:

Application fee	\$75	Registration fee	\$75
Late Registration, extra	\$50	Late/ Make-up Examination, each	\$25
Late Payment Charge, Min.	\$10	Course Change, add or drop	\$25
Credits by Exam, each petition	\$100	Cumulative Examination	\$25
Miscellaneous	\$200	Transcript /each	\$10
Textbooks, supplies, etc.	\$300/ year	Returned Check Service	\$25

C) Internship Malpractice Insurance (subject to change, but under \$200 per semester.)

D) Total Cost of Programs

1) Traditional Chinese Massage (1-year)	\$9,600 appropriately
2) Acupuncture and Chinese Medicine (3-year)	\$28,700 appropriately
3) Revolutionary Healthcare (1-year)	\$10,800 appropriately

E) Financial Aid

Ruseto College administers two types of financial aids --- scholarship and work-study programs, to assist students and parents with meeting college costs, such as tuition, fees and textbooks. (Students do not eligible for scholarship/ work-study program refer to Enrollment Agreement.)

- 1) Scholarships are based on full-time enrollment (Program I & II/ 300 hours per semester, Program III/ 480 hours per semester.)
- 2) Scholarships are offered for an academic year, and the renewal for scholarship is automatic if the student meets 3.0 GPA. These scholarships do not require repayment unless the student does not complete the term in which the scholarship is received.
- 3) The scholarship money provided covers for all or part of the tuition only. The student prior to commencement of classes should pay the items do not covered by the scholarship.
- 4) Work Study Program that provides on-and-off campus jobs to a number of students who demonstrating financial need.

F) Payments

2. Students should pay the tuition in full at registration each semester. But based on the School's surety bond, they maybe eligible to pay the tuition evenly at the beginning of each 5-weeks period of the semester. Once a student is eligible to pay his tuition evenly in four installments for his first semester, he will be qualified to pay the tuitions the same way throughout his entire program.
3. However, the School reserves its right to increase its surety bond at any time, and does not guarantee that every student maybe eligible to pay his tuition in four installments for his first semester.
4. Students should pay the registration fee and miscellaneous fee (and others fees, if any) in full at registration.
5. Students who do not complete their installment contracts are ineligible to register for the following semester, graduate, or receive transcripts of academic credits. Besides, they will be charged an additional 1 % of interest per week of the remaining unpaid balance for each late installment.

Refund Policy & Cancellation Policy

- 1) The refund and cancellation policies are based upon fairness to students and to the School. Any student not accepted to the School is entitled to a refund of all monies paid.
- 2) Each student has a 3-day cancellation right except when he/ she has started training.
- 3) If students cancelled this contract within three-business days after signing up, but no less than three-business days before the training started, are entitled to a full refund.
- 4) If any cancellation is made in less than three-business days prior to beginning of program, there is a maximum cancellation charge of \$200.00 or 10% of the contract price whichever is less.
- 5) In the case of the students withdrawing after commencement of classes, the School will retain a cancellation charge plus a percentage of tuition and fees, which is based on the percentage of contact hours for both residential training and correspondence courses. And., the refund is based on the last date of recorded attendance.
- 6) The refund formula including cancellation charge is consistent with statute as following:

A student terminating training.....	Is entitled to a refund of:
Within first 10 % of program, time based.	90 % less cancellation charge
After 10 % but within first 25 % of program (lessons)	75 % less cancellation charge
After 25 % but within first 50 % of program (lessons)	50 % less cancellation charge
After 50 % but within first 75 % of program (lessons)	25 % less cancellation charge
After 75 % (if paid in full, cancellation charge is not applicable)	No refund

All refunds will be made within 30 days from the date of termination, and the official date of termination or withdrawal of a student shall be determined in the following manner:

- 1) The date on which the School receives notice of the student's intention to discontinue the training program, or the date on which the student violates published school policy, which provides for termination.
- 2) Should a student fail to return from an excused leave of absence, the effective date of termination for a student on an extended leave of absence or a leave of absence is the earlier of the date the School determines the student is not returning or the day following the expected return date.
- 3) The student will receive a full refund of tuition and fees paid if the school discontinues a course/ program within a period of time a student could have reasonably completed it, except that this provision shall not apply in the event the School ceases operation.
- 4) Complaints, which cannot be resolved by direct negotiation between the student and the School, may be filed with the Division of Private Occupational School of the Colorado Department of Higher Education, 1380 Lawrence St., Suite 1200, Denver, CO 80204, (303) 894-2960. * There is a two-year limitation on the Division taking action on student complaints.

- 5) The policy for the granting of credit for previous training shall not impact the refund policy.

PROGRAM I - - TRADITIONAL CHINESE MASSAGE, 720 Hours

A) Required Courses, 648 hours	Theory Hours	Lab. Hours
1. Yin-Yang & Five Element	36	0
2. Anatomy, Physiology & Immunology	90	18
3. Acupoints, Reflexology & Tui-Na	108	108
4. Chinese Sports Medicine	54	18
5. Basic Electronics & Jing-Luo Theory	54	18
6. Mechanic-Electronic Trouble Shooting & Chinese Medical Diagnosis	36	36
7. Chi-Kung Massage	18	54
B) Elective Courses - - must complete 72 hours of the following course(s)		
8. Western Medical Terminology	36	0
9. Nutrition	36	0
10. Gua-Sha	18	54
11. Shiatzu	18	54
12. Yoga	18	54
13. Meditation	18	54
14. Tai-Chi-Chuan	18	54
15. Chinese Language	36	0
16. Weight Control	18	54
17. Foodication (a special dietary therapy)	36	36
C) Semester (1) - - 20 Weeks	Course Hours	Credits
111 Yin-Yang & Five-Element	36	2.4
112 Anatomy, Physiology & Immunology (1)	54	3.6
113 Acupoints, Reflexology & Tui-Na (1)	108	7.2
114 Chinese Sports Medicine	72	4.8
115 Basic Electronics & Jing-Luo Theory	72	4.8
D) Semester (2) - - 20 Weeks		
121 Chi-Kung Massage	72	4.8
122 Anatomy, Physiology & Immunology (2)	54	3.6
123 Acupoints, Reflexology & Tui-Na (2)	108	7.2

124 Mechanic-Electronic Trouble Shooting & Chinese Medical Diagnosis	72	4.8
125 Elected Course(s)	72	4.8
E) The complete program hours and credits	720	48

PROGRAM II - - ACUPUNCTURE AND CHINESE MEDICINE, 2,160 Hours

A) Required Courses (2,160 Hours)	Theory Hours	Lab. Hours
1. Yin-Yang & Five-Element	36	0
2. Anatomy, Physiology & Immunology	90	18
3. Acupoints, Reflexology & Tui-Na	108	108
4. Chinese Medicine	216	108
5. Acupuncture	216	108
6. Needle & Moxa Techniques	18	18
7. Chinese Medical Diagnosis	72	72
8. Western Medical Diagnosis	72	36
9. Treatment of Disease	36	0
10. Seminar Series	108	36
11. Basic Student Clinic	36	312
12. Advanced Student Clinic	120	312
13. Ethics and Human Services	18	0
14. Practice Management	36	0
15. Thesis	18	0
Total	1,200	960
B) Optional Courses Available (288 hours)		
1. Chinese Language	108	0
2. Chi-Kung	12	24
3. Tai-Chi-Chuan	12	24
4. Meditation	18	18
5. Yoga	12	24
6. Chin-Chi-Shu-Hua	12	24
C) Year 1, Semester 1 - - 20 Weeks, 360 Hours	Course Hours	Credits
111 Yin-Yang & Five-Element	36	2.4
112 Anatomy, Physiology & Immunology (1)	54	3.6
113 Acupoints, Reflexology & Immunology (1)	108	7.2
114 Chinese Medicine (1)	72	4.8
115 Acupuncture (1)	72	4.8
116 Needle & Moxa Techniques (1)	18	1.2

Optional Courses (54 hours)		
117 Chinese Language (1)	18	1.2
118 Chi-Kung (1)	18	1.2
119 Tai-Chi-Chuan (1)	18	1.2

D) Year 1, Semester 2 - - 20 Weeks, 360 Hours	Course Hours	Credits
121 Chinese Medical Diagnosis (1)	36	2.4
122 Anatomy, Physiology & Immunology (2)	54	3.6
123 Acupoints, Reflexology & Tui-Na (2)	108	7.2
124 Chinese Medicine (2)	72	4.8
125 Acupuncture (2)	72	4.8
126 Needle & Moxa Techniques (2)	18	1.2
Optional Courses (54 hours)		
127 Chinese Language (2)	18	1.2
128 Chi-Kung (2)	18	1.2
129 Tai-Chi-Chuan (2)	18	1.2
E) Year 2, Semester 3 - - 20 Weeks, 360 Hours		
211 Chinese Medical Diagnosis (2)	36	2.4
212 Treatment of Disease (1)	18	1.2
213 Seminar Series (1)	36	2.4
214 Chinese Medicine (3)	90	6
215 Acupuncture (3)	90	6
216 Basic Student Clinic (1)	90	6
Optional Courses (54 hours)		
217 Chinese Language (3)	18	1.2
218 Meditation (1)	18	1.2
219 Yoga (1)	18	1.2
F) Year 2, Semester 4 - - 20 Weeks, 360 Hours		
221 Chinese Medical Diagnosis (3)	36	2.4
222 Treatment of Disease (2)	18	1.2
223 Seminar Series (2)	36	2.4
224 Chinese Medicine (4)	90	6
225 Acupuncture (4)	90	6
226 Basic Student Clinic (2)	90	6
Optional Courses (54 hours)		
227 Chinese Language (4)	18	1.2

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PROGRAM III – REVOLUTIONARY HEALTHCARE, 1152 Hours

A) Required Course, 576 Hours	Theory Hours	Lab. Hours
1. Revolutionary Medical Diagnosis (1 & 2)	360	216
B) Elective Courses, 576 hours each -- must complete one of the following courses		
2. Acupuncture, Moxibustion & Cupping (1 & 2)	360	216
3. Treatment of Tumors & Cancers (1 & 2)	360	216
4. Treatment of Sports & Exercise Injuries (1 & 2)	360	216
5. Foodication & Aging Control (1 & 2)	360	216
6. Pain Control (1 & 2)	360	216
7. The Cure of All Skin Diseases (1 & 2)	360	216
8. Chinese Natural Medicine (1 & 2)	360	216
9. TCM Formulas (1 & 2)	360	216
10. Pediatrics Of TCM (1 & 2)	360	216
11. Internal Medicine of TCM (1 & 2)	360	216
12. Theory of Meridians & Transportation (1 & 2)	360	216
13. Obstetrics & Gynecology Of TCM (1 & 2)	360	216
14. Weight Control (1 & 2)	360	216
15. Chinese Xin-Yi (1 & 2)	360	216
16. Chinese Medical Astrology (1 & 2)	360	216
17. Medical Feng-Shui & Environment (1 & 2)	360	216
18. Shang-Han-Lun (1 & 2)	360	216
19. Jin-Gui-Yao-Lue (1 & 2)	360	216
20. Treatment of the Special Senses (1 & 2)	360	216
21. Rehabilitation of TCM (1 & 2)	360	216
C) Semester (1) – 20 Weeks		
111 Revolutionary Medical Diagnosis (Part 1)	288	15.6
112 Elected Course (Part 1)	288	15.6

D) Semester (2) – 20 Weeks		
121 Revolutionary Medical Diagnosis (Part 2)	288	15.6
122 Elected Course (Part 2)	288	15.6
E) The complete program hours and credits	1152	62.4

DESCRIPTION OF PROGRAMS & COURSES

Program I: Traditional Chinese Massage, 720 Hours.

Objectives: Taking care of oneself, including health care, is his lifetime job! Therefore, this Program is designed not only to provide students with useful knowledge and techniques in massage to keep them, their families, and the public healthy, but also to teach them natural medicines for preventing, treating and/ or curing many kinds sports and exercise injuries. By learning and practicing these kinds of knowledge and techniques is a sort of self-health-insurance activity, as well as a wonderful investment for advanced studies in healthcare.

* * Generally speaking, after each student completing this program s/he can make \$40.00 to \$60.00 per hour at the beginning of his/her practice. Besides, s/he may be even eligible for getting a license from her /his local government. For more information please contact us at (303) 449-1686.

* * Students graduated from this program are welcome to enroll in Program II, Acupuncture & Chinese Medicine, and /or work with the School.

111 Yin-Yang & Five-Element - - An approach to Yin-Yang and Five-Element Theory, included but not limited to, Dao & creation of harmony; tonification & sedation of Qi; the laws /cycles of Yin- Yang, Five-Element; Eight Parameters (Ba Gang); Twelve Officials (Shi Er Guan); Viscera & Bowels (Zang-Fu); internal & external causes of diseases, such as Liu Xie, Qi Qing and Non- internal & Non-external reasons; Oriental pathology (Bing Ji); meaning of diseases, symptoms, signs, etc.; fundamental body substances (e.g. Shen, Qi, Blood, Fluids, etc.)

112 (& 122) Anatomy, Physiology & Immunology - - A systematic study of the human skeletal, muscular, digestive, respiratory, urinary & nervous systems, etc., included the normal function of physiology and immunology, as well as the pathology.

113 (&123) Acupoints, Reflexology & Tui-Na - - Theory and lab work pin-pointing 1,000+ acupoints on the human body, included all acupoints on the 12 bilateral channels, the Conception & Governing Vessels, Extra-Points, Ah-Shi-Points, and other points for advanced health care purposes, such as Reflexology, Tui-Na, Gua-Sha, massage, Shiatzu, meditation & acupuncture. Reflexology uses the acupoints especially those located on hands and feet, for influencing various body parts. Tui-Na uses all kinds of acupoints and massage techniques for relaxation and general health care, includes sports injuries.

114 Chinese Sports Medicine - - This course focuses on 100 kinds of the major Chinese single herbs, included their properties, channels entered, major combinations, cautions and contraindications as well as 30 special formulas for treating sports injuries.

115 Basic Electronics & Jing-Luo Theory - - A guideline for students to learn some electronic equipment and the circuits, so as to understand human's Jing-Luo (channels or meridians) and its normal functions.

116 Shiatzu - - This course is focuses on performing safe and gentle palpation with fingers, for treating infants, elders and weak people. Besides, these kinds of techniques are suitable for treating stress.

117 Chinese Language - - This course is designed to help the students understand the Chinese characters, Chinese Medical Terminology, and to learn the basic conversation in Chinese

118 Gua-Sha - - Students can learn Gua-Sha, a technique of brings human's diseases out of the skin from the muscular system, the lymphatic system and nervous system directly; or even from the endocrine system, the digestive system and the reproductive system.

119 Yoga - - Physical postures and breathing regulation to eradicate aches and pains, and even daily signs of aging. This course provides students with an additional form of exercise to keep themselves in good health.

120 Foodication (a special dietary therapy) - - To help students recognize the properties of all kinds of foods, and use them to treat diseases and /or to keep people in good health.

121 Qi-Gong (or Chi-Kung) Massage - - A special form of massage techniques by means of the so-called "internal & external Qi-Gong" for health care. This course also provides some Chinese Kung-Fu for students to practice.

124 Mechanic-Electronic Trouble Shooting & Chinese Medical Diagnosis - - This course provides students with advanced mechanic and electronic trouble-shooting skills, and combines with the Yin-Yang Theory and the Five-Element Theory for Chinese Medical Diagnosis, which included but not limited to, Four-Examination and Ba-Gang.

125 Western Medical Terminology - - To provide students with Western medical terminology so that they can communicate with physicians, nurses, clients, and insurance companies appropriately.

126. Feng-Shui - - It is a Taoist art and science of living in harmony with the environment. Students can learn /apply this knowledge to predict people's fortune as well as to help them create peace, health, wealth and happiness.

127 Meditation - - A practice of Yin-Yang mental reflection and Five-Element physical relaxation for achieving a better quality of life.

128 Tai-Ji-Quan (or Tai-Chi-Chuan) - - A series of exercises which are suitable for persons of all ages, sex, or state of health. Students practice Tai-Ji-Quan for self-awareness, relaxation, longevity, and to help people get well easier and faster.

129 Nutrition - - Students can learn how to choose foods that supplies appropriate amount of the essential nutrients, fiber and energy without excess intakes of sugar, salt and fat.

130 Weight Control - - This course provides students with the knowledge of how to assist people gain or lose weight, meanwhile keep them in good health.

Program II: Acupuncture & Chinese Medicine

Objectives: In China, in the past acupuncture is a traditional-form of surgery, ranged from acu-puncture to removal of tumors and cancers. However, the Chinese people also knew how to use natural medicines to turn the tumors and cancers into pimples or boils, and let them pop out of their bodies without cutting the skin and muscles opened. Therefore, you may consider that modern acupuncture is a sort of “deep-acu-massage”, which works very well with herbal-chemical effects in healthcare.

On the contrary, you may consider that the modern acupuncture is an acu-surgery, which can heal almost all kinds of illnesses, but might hardly damage any body-tissues. Therefore, we encourage you to enroll in this program to be able to keep yourself in good health and to serve your community, lowering down everyone’s medical expenses..

111 Yin-Yang & Five-Element -- Please refer to page 12, Traditional Chinese Massage, Course # 111.

112 (& 122) Anatomy, Physiology & Immunology - - Please refer to page 12, Traditional Chinese Massage, Course # 112 & # 122.

113 (& 123) Acupuncture, Reflexology and Tui-Na - - Please refer to page 12, Traditional Chinese Massage, Course # 113 & # 123.

114 (& 124, 214 & 224) Chinese Medicine - - These courses provide students with: 1) Sufficient knowledge of how to use Chinese natural medicine, included minerals, plants and animals safely and effectively, 2) The history of Oriental Medicine, 3) legal & ethical consideration of natural medicine, 4) over 500 different kinds of natural medicines and its properties, functions, contraindications and channels entered, 5) The collection, the procession, and preservation the of natural medicine, 6) how to prescribe both simple and complex formulas for healing and prevention purposes are covered, and so on.

115 (& 125, 215 & 225) Acupuncture - - An advanced study of the acupoints, needle & moxa techniques, included: 1) Forbidden acupoints & contraindications of acupoints, 2) Special grouping of acupoints & other recognized acupoints combinations for treating common diseases, such as flu, PMS, TMJ, migraine headache, constipation, diarrhea, asthma & arthritis, 3) The 19 comprehensive reinforcing & reducing methods, such as “setting the mountain on fire,” and

“Penetrating heaven coldness,” for treating special diseases and conditions, such as diabetes, heart attack, stroke, cancers, tumors, hepatitis, hypertension, coma & sports injuries.

116 (& 126) Needle & Moxa Techniques - - This course covered the following: 1) Clean Needle Techniques, such as needle sterilization, hand washing, etc., 2) Needle Insertion (e.g. depth, direction, basic manipulation & withdrawal, 3) Moxibustion, direct and indirect applications, 4) Other techniques, such as cupping, bleeding, Gua-Sha, Tui-Na, Shiatsu, massage, etc., 5) Methods and applications of acupuncture relating to the treatment of acute & chronic condition, first aid, analgesia and electric stimulation.

117 (& 127, 217, 227. 317 & 327) Chinese Language - - To teach the students to understand the Chinese characters ultimately enable them to translate the Classic Chinese Medical Texts.

118 (& 128) Gi-Gong (or Chi-Kung) - - One soft style of the Chinese martial arts which stimulates both internal and external energies for healing and longevity.

119 (& 129) Tai-Ji-Quan (or Tai-Chi-Chuan) - - Please refer to page 13, Traditional Chinese Massage, Course # 128.

121 (& 211, 221 & 311) Chinese Medical Diagnosis - - These courses provide students with in-deep diagnostic skills, included but not limited to the following: 1) Medical history taking /charting, 2) Four-Examination, included the diagnostic observation, audio-olfaction, inquiry and palpation, 3) Tests with Chinese natural medicine, 4) needle-insertion diagnosis, 5) Biomedical diagnosis, measuring and recording vital signs, i.e., blood pressure, respiratory rate, pulse rate, temperature, etc., 6) Psychological diagnosis, 7) Check-up /test phlegm, urine, stool, saliva, pus, sweat, etc., 8) Physical movement tests, and 9) Recognition of symptoms requiring referrals, including the procedures of blood test, X-Ray, MRI, etc.

212 (& 222) Treatment of Diseases - - A study of treating diseases by a combination of acupuncture techniques, Chinese natural medicine, massage, Qi-Gong, Foodication, exercises, etc. Over 100 diseases and their treatment are discussed in detail, such as depression, headaches, sore throat, arthritis, stroke, heart attack, insomnia, constipation, diarrhea, TMJ, cysts, tumors, cancers, AIDS, hepatitis, asthma, pneumonia, bronchitis, emphysema, PMS, miscarriage, premature, menopause, prolonged labor, prolapsed uterus /rectum, infantile paralysis /convulsion, edema, skin diseases, coma, seizures, sports injuries trauma, sprain, strain, dislocation, fracture, synthesis....) and so on.

213 (& 223, 313 & 323) Seminar Series - - Selected topics in Traditional Chinese Medicine /Culture, such as: 1) Chinese herbal medicine, Foodication & Nutrition, 2) Acupuncture, Moxibustion, Cupping, Tui-Na & Gua-Sha, 3) Tai-Ji-Quan, Qi-Gong & Meditation, 4) Feng-Shui & Longevity, 5) Weight Control, Yoga & Shiatsu, 6) Medical & spiritual fortune telling, etc...

216 (& 226) Basic Student Clinic - - These courses provide students with clinical experience such as: 1) Diagnostic skills, 2) Treatment planning in acupuncture, Oriental & Western medicines, 3) Treatment techniques, 4) Selection and maintenance of equipment, 5) Ethics & Practice Management, 6) Counseling & communication skills, and 7) To perform treatment by applying appropriate techniques, etc.

218 (& 228) Meditation - - Please refer to page 13, Traditional Chinese Massage, Course # 127.

219 (& 229) Yoga - - Please refer to page 13, Traditional Chinese Massage, Course # 119.

312 (& 322) Western Medical Diagnosis - - To provide opportunities for the students to learn Western diagnosis included: 1) Pathology & the biomedical disease model, 2) Biomedical clinical process including history taking, diagnosis, treatment and follow-up, 3) Clinical relevance of laboratory & diagnostic tests and procedures, as well as biomedical physical examination findings, 4) The basis and need for referral and /or consultation, and 5) The range of biomedical referral resources & the modalities they employ.

314 (& 324) Advanced Student Clinic 1 & 3 - - To provide students with advanced clinical experience in **Chinese Natural Medicine** using the following knowledge: 1) Identification of most commonly used raw herbs, 2) Use of common foods as healing modalities, 3) properties of individual herbs, 4) Contraindications of individual herbs, 5) Traditional strategies of herbal formulation, 6) Composition of formulas, 7) Preparation & administration of formulas, 8) Indications & functions of representative herbal formulas, 9) Selection, modification & development of appropriate formulas consistent with the pattern of disharmony and treatment plan, 10) Current types of prepared formulations available (pills, powder, tincture, ointment, etc.), 11) Selection of the appropriate modalities for treatment, 12) Consultation with patient regarding treatment plan, side effects outcome and healing process, and 13) Biomedical consideration of herbal preparations.

315 (& 325) Advanced Student Clinic 2 & 4 - - Provides students with advanced clinical experience in **Acupuncture treatment** including: 1) The powerful ancient acupuncture formulas, 2) The secrets of the needle manipulations, 3) Proper sterilization & aseptic procedures, 4) Preparations prior to treatment included inspections of the instrument and postures of the patient, 5) Effective communication with the patient regarding the nature of the illness & the treatment plan, 6) Accurate location of acupoints, 7) Safe and effective needle insertion techniques based upon the function of the point, the recommended needling depth, etc., 8) Accepted clean needle insertion practices, 9) Safe and effective applications such as moxibustion, cupping, Gua-Sha, electrical stimulation & bleeding techniques, 10) Effective control of emergency situations, 11) Reexamination of the patient & comparison with previous conditions and expectations, and 12) Modification of the treatment plan, if required, based upon that assessment.

316 Ethics & Human Services - - A study of professional ethics and human services including: 1) Confidentiality, 2) Informed consent, 3) Understanding the scope of practice, 4) Record keeping, legal requirement, release of data, etc., 5) Ethical & legal aspects of referring patients to another practitioner(s), 6) Professional conduct and appropriate interpersonal behavior, 7) Overview the status of acupuncture & Oriental Medicine in the US, 8) Understanding laws & regulations governing the practice of acupuncture and Oriental Medicine in the state where the program is offered and that laws /regulations vary from state to state.

321 Practice Management - - This course focuses on the following skills: 1) Patient communication, patient-staff relationship & telephone communication, 2) Recognition & classification of patient expectations, 3) Scheduling & promoting follow-through care, 4) Safe

practice procedures, 5) General liability insurance & legal requirements, 6) Professional liability insurance: quality assurance & professional liability, 7) Building and office hygiene & maintenance, 8) Ethical & legal aspects of third party reimbursement, 9) Professional development, and 10) Basic bookkeeping.

326 Thesis - - Supervised preparation for thesis writing require for the Ruseto College and /or state and national licensing.

PROGRAM III: REVOLUTIONARY HEALTHCARE

Objectives: This 1-year, correspondence, program is especially designed to provide acupuncturists, physicians, chiropractors, and those (included nurses, physical therapists, and massage therapists) who have excellent medical related experience, with high-quality and low-cost techniques of healthcare. It may help them to achieve **quick, effective and persistent results** of treatments. However, this program is based on Chinese Medical Dao, and it is good for everyone to learn to take care of himself/ herself.

This program consists of 80 Class-Hours and 496 Correspondent-Hours home study each semester; the correspondent hours can be achieved through mails and emails, which deals with questions and answers of assignments and researches. The 80 class hours can be scheduled and started at the beginning, the middle, and/ or the end of each semester as an intense training for the students overseas.

It is a good idea for very healthcare provider to keep my belief, “Medical Sense or Common Sense, Cure Makes Sense!” in his/ her mind, and never keep any cure as a secret.

1. Revolutionary Medical Diagnosis (1 & 2) -- To practice the theories of Yin-Yang, San-Chai and Five-Element for evaluating the patients’ physical, mental and spiritual conditions as a holistic and alternative diagnosis. Thousands of high-quality and low-cost healthcare case histories will be discussed.

2. Acupuncture, Moxibustion & Cupping (1 & 2) -- To provide the simplest and no-side-effect techniques for quick, effective and persistent results of healthcare with acupuncture, moxibustion and cupping.

3. Treatment of Tumors & Cancers (1 & 2) -- This course focuses on treating tumors and cancers with certain specific techniques of acupuncture, moxibustion, and cupping, as well as using herbal and dietary therapies.

4. Treatment of Sports & Exercise Injuries (1 & 2) -- To teach Tui-Na, acupuncture, moxibustion and cupping techniques, as well as herbal therapy for treating sports and exercise injuries, includes chronic and acute conditions, mild and severe cases, but CPR is excluded.

5. Foodication & Aging Control (1 & 2) -- To provide the theories of Yin-Yang, San-Chai and Five-Element as a guideline of “drugless healthcare and daily diet (Foodication)” for promoting longevity.

6. Pain Control (1 & 2) -- The theories of pain control through acupuncture, moxibustion, cupping and Tui-Na will be discussed with thousands of case histories. Some herbal therapy and certain exercises for pain control will be covered, too.

7. The Cure of All Skin Diseases (1 & 2) -- Not only the causes and the cures of all kinds of skin diseases are covered in this course, but also its’ appropriate diagnosis and treatment will be discussed in detail.

8. Chinese Natural Medicine (1 & 2) -- Over 500 popular Chinese minerals, plants and animals for medical uses are covered in this study. Besides, more than 200 kinds of Western herbs will be discussed.

9. TCM Formulas (1 & 2) -- Over 800 popular traditional Chinese formulas will be introduced to treat modern sickness. Also, the most effective way to prescribe formulas will be discussed in detail.

10. Pediatrics of TCM (1 & 2) -- The purpose of this course is to explain the causes and diagnosis of the infantile diseases, as well as to deal with the treatments and preventions of such kinds of diseases.

11. Internal Medicine of TCM (1 & 2) -- Based on practicing the Four-Examination, the Eight-Principle and the Dynamic-Technique, to find out the causes of the diseases and to decide the treatments of each individual patient.

12. Theory of Meridians & Transportation (1 & 2) -- This course is designed to compare the transportation theory to the meridians of the human’s body, for the students to understand the functions of the meridians in healing arts.

13. Obstetrics & Gynecology of TCM (1 & 2) – This course includes diagnosis and treatment of menstrual disorders, leukorrhea, childbirth, nursing, menopause, etc. with Traditional Chinese Medicine.

14. Weight Control (1 & 2) -- To practice Qi-Gong, Yoga, exercises and Tui-Na techniques to keep the students in good health, as well as to help their patients in weight control. Certain nutrition and mineral theory will be covered, too.

15. Chinese Medical Xin-Yi (1 & 2) -- To combine the Chinese Yi-Jing with the Four-Examination and the Eight-Principle for a holistic, medical diagnosis, which includes the physical, mental and spiritual conditions.

16. Chinese Medical Astrology (1 & 2) -- Chinese Astrology is based on the factors of each patient’s body structure, physical condition, birthday, family relationship, culture, education, etc. This course is intended to focus on its medical purposes rather than for fortune telling.

17. Medical Feng-Shui & Environment (1 & 2) -- The theory of Chinese Feng-Shui is beyond the knowledge of modern environmental science, it evolved with personal health, family

relationship, cultural history, and so on. All of the above factors are the specific objective of this course, which plays a very important role in our healthcare.

18. Shang-Han-Lun (1 & 2) -- Shang-Han-Lun is one of the main roots of TCM widely used around the world today. In addition to introduce the original text for curing diseases, this course also provide the students with lots of modified methods and formulas to prevent the diseases.

19. Jin-Gui-Yao-Lue (1 & 2) -- This course is designed to compare the etiology and syndromes of malaria, edema, apoplexy, arthritis, abscess, heart diseases, diabetes, pulmonary asthenia, nausea, jaundice, etc. and to provide the best traditional and /or modern treatments.

20. Treatment of the Special Senses (1 & 2) -- The objective of this course is for students to learn how to use no-side-effect and low-risk Chinese natural medicine to treat the diseases of the five special senses.

21. Rehabilitation of TCM (1 & 2) -- This course provides both dynamic and static diagnosis, as well as the most appropriate methods for treating chronic diseases, such as Parkinson's disease, Alzheimer's disease, heart diseases, stroke, diabetes, AIDS, etc.

Faculties

- 1) Pao-Chin R. Huang, L. Ac.& LMT (Colorado since 1990 & 1995), Dipl. Ac. & C.H. (NCCAOM, since 1987), L. Ac. (Minnesota since 1999), President and Director of Ruseto College (1992 – present), Vice-President of Acupuncture Association of Colorado (1994 – 1997); B. S. in Navigation (1967); Licensed Electronic Engineer, Taiwan (1973). He has been practicing acupuncture, Chinese natural medicines, Tui-Na, and so on since the 1950s.
- 2) Hui-Yu Huang, L.Ac. (Minnesota, since 1997); Instructor of Ruseto College (1995 – present); Co-owner of Ruseto Center of Acupuncture & Chinese Medicine (since 1986). She has been practicing Electronic Trouble-Shooting, Acupuncture, Chinese natural medicines and Tui-Na since 1970.
- 3) Y. Richard Lin, Ph. D. Research Statistics Methodology, University of Northern Colorado (1975); M. Ed. Educational Psychology, University of Oregon (1970); M. Ed. Educational Research, National Taiwan Normal University (1968); Estimates Demographer, State of Colorado (1976 – present); Adjunct Professor, Mathematics & Psychology, Ruseto College (1995 – 2001)
- 4) Thomas A. Folwer, L. Ac. (Colorado); Dipl. Ac. NCCAOM; R.N. & LMT, Florida (1981) Instructor of Ruseto College (1998 & 1999); Staff & Manager in large and small hospital settings (1981 – 1995); Operation Room Nurse (1995 – present.), a visiting instructor of Ruseto College.
- 5) Dr. Gregory Jaramillo, Diplomate, America Board of Family Practice (1997 – 2004); Family Medicine Internship and Residency, University of Colorado School of Medicine

(1994 – 1997); Doctor of Medicine, University of Colorado of Medicine (1990 – 1994), etc. He is the current director of the Salud Family Health Center in Longmont, Colorado, as well as a visiting instructor of Ruseto College.

Facilities, Library, & Equipment

The facilities of the Scholl can be divided into two groups: 1) On site clinic, Chinese herbal pharmacy, library, classrooms and parking spaces, and 2) Off site agricultural parcels and its herbal plants for the purposes of teaching, studying, and treatment.

- 1) Clinic: It included three to five treatment rooms/ beds; needles, moxa-rolls, cupping equipment, blood pressure machine, stethoscope, electronic stimulators, TDP, etc.
- 2) Herbal pharmacy: It stored with hundreds of dried, clean, and effective single-herb and formulas all the time. It also equipped with devices for measuring, cooking, grinding, drying, powdering, etc.
- 3) Library: It contained around 2,000 of books, videotapes, audiotapes, charts, and magazines. Also there are newspapers daily.
- 4) Classroom(s): There are computer, copy machine, overhead projector, VCR, TV, sterilizer, tables, chairs, microwave, oven, coffee maker, sofa, etc.
- 5) Parking spaces: Thirty parking spaces are available most of the time. Besides, there are free parking spaces on street.
- 6) Agricultural Parcels: There are 40-acre and 300-acre agricultural parcels co-owned by the School's owners. Students may be scheduled to attend several field trips in different seasons to learn hundreds of herbs, which are either growing there naturally or cultivated by the owners.

Medical Sense or Common Sense,

Cure Makes Sense!

RUSETO COLLEGE

2900 Valmont Rd., E-1 Boulder, CO 80301 303-449-1686 www.rusetto.com

Application for program(s):

- Traditional Chinese Massage -- 1 year, 600 Hours
- Acupuncture & Chinese Medicine -- 3 years, 1,800 Hours
- Revolutionary Healthcare -- 1 year, 960 Hours

(Attach your recent photo here)

* Application fee
\$75

1. Student name: _____ 2. Sex: M / F

3. Phone: () _____ - _____ 4. Birthday: ____/____/____

5. Email address: _____

6. Address: _____
(street) (city) (state) (zip code)

7. Driver's License: _____ 8. S. S. #: _____ - _____ - _____

9. In emergency, contact _____ Ph.: () _____ - _____

10. Education: (attach copy of documents such as certificate, diploma, training, degree and transcript.)

11. Applicable occupational experience (within the last 15 years):

12. Have you ever been convicted of a crime? If yes, explain: _____

13. Do you have any contagious disease in the past 5 years? If yes, give details

I, the undersigned applicant, have read, understood, and answered the above information, which are true and correct to the best of my knowledge.

Applicant's signature _____ Date: _____